



# ARMED FORCES CAFÉ



Lunch Tuesday - Friday  
11 a.m. - 2 p.m.

# Customize Your Lunch

*Choose a salad, rice bowl, pasta, or broth bowl and customize it your way*

## Salads

**Salads-** Lettuce options: harvest blend, superfood mix, iceberg blend

Just Veggies - \$6.50

Grilled or Fried Chicken Salad - \$9.25

Grilled Steak Salad - \$9.75

Shredded Pork Salad - \$8.25

Blackened or Grilled Shrimp Salad - \$9.25

Grilled Tuna Salad - \$10.50

**Dressings:** Ranch, Blue Cheese, Italian, Balsamic, Asian, Oil and Vinegar

**Choose 5:** Broccoli, shredded carrots, mushrooms, zucchini, spinach, tomato, black beans, avocado, jalapenos, roasted corn, cilantro, cucumber, scallions, red onion, superfood mix, edamame, mandarin oranges, strawberries (add fried or boiled egg for \$.50)

**Choose 1:** Three cheese blend, parmesan, feta, blue cheese

**Choose 1:** Wonton strips, tortilla strips, sunflower seeds, croutons, bacon bits, chia seeds

## Rice Bowls

**Rice Bowl – Rice Options:** brown rice or cilantro rice

Just Veggie Bowl - \$7.25

Grilled Steak Bowl - \$10.25

Blackened or Grilled Shrimp Bowl - \$10.25

Grilled or Fried Chicken Bowl - \$9.25

Shredded Pork Bowl - \$9.25

Grilled Tuna Bowl - \$11.25

**Choose 5:** Broccoli, shredded carrots, mushrooms, zucchini, spinach, tomato, black beans, avocado, jalapenos, roasted corn, cilantro, cucumber, scallions, red onion, superfood mix, edamame, mandarin oranges, strawberries (add fried or boiled egg for \$.50)

**Choose 1:** Three cheese blend, parmesan, feta, blue cheese

**Choose 1:** Wonton strips, tortilla strips, sunflower seeds, croutons, bacon bits, chia seeds

**\$0.75 Charge for ToGo Orders**

## Beverages

Tea (iced or hot) \$1.50

Hibiscus Berry Tea &  
Moroccan Mint Green Tea \$2.50

Soda (Coke, Sprite, Diet Coke) \$2.50

Domestic Beers \$2.75

Import Beers \$3.50

Wine \$3.25

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## Broth Bowls

**Broth Bowl** – Broth options: chicken, veggie, beef  
Select either: Pad thai or quinoa/couscous blend

Just Veggie Bowl - \$6.25      Grilled or Fried Chicken Bowl - \$8      Grilled Steak Bowl - \$9  
Shredded Pork Bowl - \$8.50      Blackened or Grilled Shrimp Bowl - \$9.75      Grilled Tuna Bowl - \$10.50

**Choose 5:** Broccoli, shredded carrots, mushrooms, zucchini, spinach, tomato, black beans, avacado, jalapenos, roasted corn, cilantro, cucumber, scallions, red onion, superfood mix, edamame, mandarin oranges, strawberries (add fried or boiled egg for \$.50)

**Choose 1:** Three cheese blend, parmesan, feta, blue cheese

**Choose 1:** Wonton strips, tortilla strips, sunflower seeds, croutons, bacon bits, chia seeds

## Pastas

**Pasta options:** Angel Hair, Tri Color Rotini, Fettucini  
**Sauce options:** Marinara, Alfredo

Just Veggie Pasta - \$7      Grilled or Fried Chicken Pasta - \$8.50      Grilled Steak Pasta - \$9.50  
Shredded Pork Pasta - \$7.75      Blackened or Grilled Shrimp Pasta - 9.75      Grilled Tuna Pasta - \$10.50

**Choose 5:** Broccoli, shredded carrots, mushrooms, zucchini, spinach, tomato, black beans, avacado, jalapenos, roasted corn, cilantro, cucumber, scallions, red onion, superfood mix, edamame, mandarin oranges, strawberries (add fried or boiled egg for \$.50)

**Choose 1:** Three cheese blend, parmesan, feta, blue cheese

**Choose 1:** Wonton strips, tortilla strips, sunflower seeds, croutons, bacon bits, chia seeds

# Entrées

## Red, White, and Blue Salad \$11

Fresh mixed harvest blend greens with grilled marinated chicken breast topped with fresh strawberries, crumbled blue cheese, and slivered almonds served with house made strawberry vinaigrette

## Asian Salad \$10.25

Fresh mixed super-food blend greens with grilled marinated chicken breast topped with mandarin oranges, sesame seeds, feta cheese, sesame seeds, won ton strips and served with house made oriental dressing

## Chicken Wings

8 wings and fries \$9

12 wings and fries \$13

Sauces: plain, mild, hot, cayenne, waiver wings, mild BBQ, hot BBQ, honey BBQ, mild honey BBQ, mild honey mustard, hot honey mustard, boom, chipotle citrus, terayaki, mild terayaki, hot terayaki, dragon fire (sweet and spicy)  
Dry Rubs: lemon pepper, garlic ranch, cajun, Jamaican jerk, southwest, baja

## Southwest Salad \$9.25

or make it a **Rice Bowl** \$9.25

Fresh mixed greens with marinated grilled chicken or shredded pork topped with black beans, roasted corn, and avocado served with house made cilantro lime vinaigrette

## Pork Pad Thai \$8

Gojuang chili infused vegetable broth with pad Thai noodles topped with shredded pork, mushrooms, spinach, and scallions

# Sandwiches & Wraps

*All Sandwich's and wraps served with choice of baked Chips or apple*

## Grilled Chicken Panini \$8.25

Fresh grilled marinated chicken with spinach, topped with tomatoes, onions, and provolone cheese.

## Chicken Wrap \$8.25

Fresh grilled marinated chicken sliced and served in a grilled veggie tortilla with melted three cheese blend, avocado spread and wrapped up with lettuce, tomato, and onion

## BLT \$6.25

Classic favorite made with 6 strips of thick cut Applewood smoked bacon and topped with lettuce and tomato served on Texas toast

## Club Sandwich \$7.50

Classic tripple decker served with turkey, ham, bacon, lettuce, and tomato on Texas Toast

## Taco Wrap \$8

Southwest seasoned ground beef served on a grilled veggie tortilla with melted three cheese blend wrapped up with lettuce, tomato, onion and southwest ranch dressing

## Hamburger \$9

Angus aged beef short rib patty grilled to perfection at your desired temperature on an artisanal Greek yogurt wheat bun topped with lettuce, tomato, and onion

Add Cheese \$.50

Provolone, Blue Cheese, Pepper Jack, Swiss, or American

Add bacon \$.75 Add fried egg \$.50

\$0.75 Charge for ToGo Orders