



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT JACKSON
2400 JACKSON BOULEVARD
FORT JACKSON SC 29207-5015

AMIM-FJG-ZA

7 April 2021

MEMORANDUM FOR United States Army Garrison (USAG) Fort Jackson and Fort Jackson Tenant Organizations

SUBJECT: Temporary Policy #4 - Morale Welfare and Recreation Modified Gym and Fitness Center Operations during COVID-19

1. The following gym and fitness centers will begin modified operations effective 8 March 2021.
2. Hours of Operation.
 - a. Perez Gym: Monday - Friday 05:00 to 20:00; Saturday & Sunday 09:00-1700.
 - b. Vanguard Gym: Monday- Friday 05:00 to 20:00; Saturday & Sunday 11:30-17:00.
 - c. Coleman Gym: Monday- Friday 05:00 to 20:00; Saturday & Sunday 08:00-16:00.
3. Patronage and Usage.
 - a. 05:00 to 07:00 is limited to active duty personnel only; all compos and services.
 - b. 07:00 to closing is open to all authorized patrons.
 - c. Gym staff will check 100% of all ID cards as patrons scan in upon entry. Staff will also sign patrons in when entering, and will sign patrons out when exiting.
 - d. Patrons must be 16 or older to enter the facilities.
 - e. Gym capacity is limited to 60 patrons in each gym. Upon reaching capacity, a patron must exit before a new patron may enter. Additional capacity limitations will be posted in specific workout rooms within Vanguard and Coleman Gyms to ensure physical distancing.
 - f. Unit PT and classes are not authorized. Group reservations will not be taken.
 - g. If capacity reaches 60 patrons, patrons who have been at the gym the longest and in excess of one hour will be asked to depart first. Staff will ask the aforementioned patrons to leave as long as there are patrons waiting to use the facility.

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h. Patrons who complete COVID vaccination and preregister will be granted after-hours access to Coleman Gym IAW the Coleman Gym 24 Hour SOP and the Coleman Gym 24 Hour SOP Policy Addendum.

4. Personal Protective Equipment (PPE).

- a. Patrons will bring their own PPE; e.g., masks.
- b. Patrons will wear masks while moving through the facility: e.g.,
 - moving from one exercise location to another;
 - moving more than six feet from your workout location;
 - departing a work out bench or spot to return dumbbells to their rack;
 - moving from a workout bench/spot to retrieve handgrips, curl bars, barbells or sanitization products.

Patrons are not required to wear masks while actually conducting an exercise, if maintaining physical distancing at all times.

5. Cleaning and Sanitization.

- a. Patrons will self-clean equipment immediately after use, using the sanitizing wipes as provided at each facility.
- b. Staff will sanitize locker rooms and latrines every hour using COVID-19 approved cleaning products.
- c. Staff will deep clean a minimum of three times daily: 0800, 1400, and after closing. Patrons will accommodate the staff's cleaning activities.

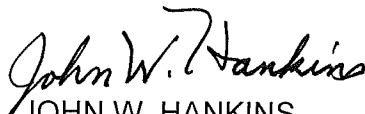
6. Operational Safety Precautions.

- a. All personnel will adhere to a minimum of six feet physical distancing and wear gloves when utilizing any of the equipment.
- b. Patrons will lift weights in a manner that does not require using a spotter. Maximum free-weight repetitions not allowed.
- c. Select cardio equipment is marked for use or otherwise marked off limits to ensure physical distancing between patrons.
- d. Showers and saunas remain closed.

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- e. Basketball and Racquetball courts remain closed to sports and classes.
7. Patrons who do not follow these procedures and/or the direction of the staff will lose facility access.
8. For more information, contact Mr. Gary Fulham, Director, Directorate of Family and Morale, Welfare and Recreation, USAG, at (803) 751-3417 or by email at robert.g.fulham.naf@mail.mil.


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Commanding

