October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3			1 9:00 a.m. NPSP/MACH OB Briefing 10:00 a.m. Busy Bee Playgroup	2 8:00 a.m. Post Newcomers Orientation 9:00 a.m. FAP / NPSP Community Outreach 10:00 a.m. NPSP Infant Massage Class	3 10:00 a.m. Bright Honeybee Explorers 10:00 a.m. Domestic Violence Information Table	4
5	6	11:00 a.m. Healthy Relationships Class	8 10:00 a.m. Busy Bee Playgroup	9:00 a.m. FAP/NPSP Community Outreach 9:00 a.m. Domestic Violence Information Table 10:00 a.m. NPSP Infant Massage Class 11:00 a.m. Anger Management Class	10 10:00 a.m. Bright Honeybee Explorers	11
12	13	9:00 a.m. 3rd Annual Honk & Wave to Eliminate Domestic Violence 11:00 a.m. Stress Management Class	9:00 a.m. NPSP/MACH OB Briefing 10:00 a.m. Busy Bee Playgroup	9:00 a.m. FAP / NPSP Community Outreach 10:00 a.m. NPSP Infant Massage Class 10:00 a.m. EFMP Day at the SC State Fair	9:00 a.m. Proclamation Signing for Domestic Violence Awareness Month 10:00 a.m. Bright Honeybee Explorers	18
19	20 10:00 a.m. Wealth Building & Planning for Retirement Webinar	21 10:00 a.m. EFMP Playgroup	22 10:00 a.m. Busy Bee Playgroup 10:00 a.m. EFMP Health and Wellness Wednesday	9:00 a.m. FAP / NPSP Community Outreach 10:00 a.m. NPSP Infant Massage Class	24 10:00 a.m. Bright Honeybee Explorers	25
26	27	28 2:00 p.m. Estate Planning	29 10:00 a.m. Busy Bee Playgroup	9:00 a.m. FAP / NPSP Community Outreach	31 10:00 a.m. Bright Honeybee Explorers	

Fort Jackson Army Community Service

Please call or visit to register for classes and programs. 9810 Liberty Division Rd., Fort Jackson, SC 29207 (803) 751-5256 (option 3) Monday - Friday 7:30 a.m.- 4:30 p.m.



<u>Description of Activities, Events, and Classes</u>

Financial Readiness Program

Wealth Building & Planning for Retirement Monday, 20 October 10:00 a.m. - 11:30 a.m.

Aicrosoft Teams

ACS Financial Readiness Program is offering a comprehensive virtual class on Wealth Building and Retirement Planning. This course will cover essential topics including budgeting, debt management, investing fundamentals, and strategies for a secure retirement. Learn practical skills to maximize your savings, minimize financial stress, and build long-term wealth-all from the convenience of your computer. Invest in yourself and your future! To register, go to https://forms.osi.apps.mil/r/b3vYbu8ige or call 803-751-5256 (option 3).

Estate Planning Tuesday, 28 October, 2:00 p.m. - 3:00 p.m. Microsoft Teams

ACS Financial Readiness Program is hosting a virtual Estate Planning class. This seminar will provide information about the components of an estate plan (wills, trusts, power of attorney, beneficiary designations and health care directives). To register, go to https://forms.osi.apps.mil/r/L9GH5kxidC or call 803-751-5256 (option 3).

Soldier and Family Readiness Program

Post Newcomers Orientation Thursday, 2 October, 8:00 a.m.– 12:00 p.m. 1917 Club. 5700 Liberty Diy Rd.

All newly arriving personnel and Family members will be welcomed by Fort Jackson leadership and receive information about programs and services available on and off the installation.

Exceptional Family Member Program

EFMP Day at the SC State Fair Thursday, 16 October, 10:00 a.m. - 12:00 p.m. SC State Fairgrounds, 901 George Rogers Blyd

Provide EFMP parents and children with special needs the ability to socialize and interact with peers and participate in Sensory Friendly Morning at the State Fair.

EFMP Play Group

Tuesday, 21 October, 10:00 a.m. – 11:30 a.m.

Army Community Service Center

Provide parents and children with special needs (ages 0-5 years old) time to socialize, interact with peers, and learn about EFMP Family support services and resources at Fort Jackson and the surrounding community.

EFMP Health and Wellness Wednesday Wednesday, 22 October, 10:00 a.m. – 11:30 a.m.

Army Community Service Center, Room 166

Parents and staff will have the opportunity to learn conflict resolution, engage in creative movement, and receive additional information and resources.

New Parent Support Program

Busy Bee Playgroup

Wednesdays, 1, 8, 15, 22, and 29 October, 10:00 a.m. - 11:30 a.m.

Bright Honeybee Explorers Play Group

Fridays, 5, 12, 19, and 26 October, 10:00 a.m. - 11:30 a.m.

Army Community Service Center

Play Group is an interactive support group designed to help parents learn developmentally appropriate play to help children improve in their social, cognitive, and motor skills. The playgroup is for children aged 0 to 3 years old.

MACH OB Briefing

Wednesday, 1 and 15 October, 9:00 a.m.— 10:30 a.m.

Moncrief Army Health Clinic, 6th floor, Room 60

Overview of the New Parent Support Program for expectant mothers and serves to provide resources, assistance, and knowledge of various classes available to prepare for welcoming a new child.

New Parent Support Program and Family Advocacy Program Community Outreach

Every Thursday, 2, 9, 16, 23 and 30 October, 9:00 a.m. - 9:30 a.m.

Fort Jackson Strom Thurmond Bldg., 5450 Strom Thurmond Blvd.

A briefing that educates Service Members about the Family Advocacy and New Parent Support Programs and services. Provide handouts related to services along with upcoming events and resources on and off the installation.

NPSP Infant Massage Class

Every Thursday, 2, 9, 16, and 23 October, 10:00 a.m. - 11:30 a.m.

Army Community Service Center

Infant Massage is a wonderful way for parents to experience the way their baby communicates, assist with infants sleeping longer, increase bonding, and relieve discomfort associated with gas/colic.

Family Advocacy Program

Healthy Relationships Class

Tuesday, 7 October 11:00 a.m. - 12:00 p.m.

Army Community Service Center

Building a healthy relationship does not develop overnight. It takes cultivation and commitment. In this class, topics discussed will include open communication, handling conflict, the role of independence and respect, and how to recognize, grow and maintain healthy relationships This class meets on the 1st Tuesday of each month.

Anger Management Class

Thursday, 9 October, 11:00 a.m. - 12:00 p.m.

Army Community Service Center

Anger Management Class will increase the participant's awareness of anger triggers, learn how to manage anger and frustration in healthy ways, and understand possible consequences of unchecked anger in relationships at home, the workplace, and with the public. Strong minds manage anger-don't let anger manage you!

Stress Management Class: Stress! You can handle it!

Tuesday, 14 October, 11:00 a.m. - 12:00 p.m.

Army Community Service Center

This one-hour This class focuses on techniques to bring attention to the effects of stress, promote physical and emotional wellbeing, identify and manage stressors to improve overall quality of life.

Victims Advocate Outreach

Domestic Violence Information Table Friday, 3 October, 10:00 a.m. - 1:00 p.m. 120th AG BN

Thursday, 9 October, 9:00 a.m. - 1:00 p.m.

Moncrief Medical Clinic Lobby

The Victim Advocacy Program will provide Service members, family members and the community information on how to identify the qualities of a healthy partner, communicate, and maintain healthy relationships.

3rd Annual Honk & Wave to Eliminate Domestic Violence

Tuesday, 14 October, 9:00 a.m. - 11:00 a.m.

Fort Jackson Strom Thurmond Bldg., 5450 Strom Thurmond Blvd.

Army Community Service Staff and Volunteers will wave signs to encourage drivers passing the Strom Thurmond Building to honk their horns in support of stopping domestic violence.

Proclamation Signing by the Garrison Friday, 17 October, 9:00 a.m. - 9:30 a.m. Army Community Service Center

Proclamation signing for Domestic Violence Awareness Month to educate Service members, family members and the community on how to identify the qualities of a healthy partner, communicate, and maintain healthy relationships.

Fort Jackson Army Community Service

Please call or visit to register for classes and programs. 9810 Liberty Division Rd., Fort Jackson, SC 29207 (803) 751-5256 (option 3)

Monday - Friday 7:30 a.m.- 4:30 p.m.





