

# September 2017-Knight Pool

Quote: "It's Your health!"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
www.fortjacksonmwr.com/fitness					1 10am Aquatics-PS	2
	3 	4	5 5:30pm Ttl Bdy—HW	6 5:30pm Latin in Water—CB	7 10am Aquatics-PS	8
	9 10am Aquatics-PS	10	11 5:30pm Ttl Bdy—HW	12 5:30pm Latin in Water—CB	13 10am Aquatics-PS	14
	15 10am Aquatics-PS	16	17 5:30pm Ttl Bdy—HW	18 5:30pm Latin in Water—CB	19 10am Aquatics-PS	20 
	21 10am Aquatics-PS	22	23 5:30pm Ttl Bdy—HW	24 5:30pm Latin in Water—CB	25 10am Aquatics-PS	26