

# SCUBA DIVING EXPERIENCE



**WHAT:** Scuba Diving Life Skills training

**WHO:** All Single/Geo Bachelor Soldiers (all rank structures), single parents, unaccompanied soldiers of the BOSS Program

**WHERE:** Columbia Scuba / Fort Jackson Indoor Pool

**WHEN:** TBD

**WHY:** Scuba diving has it all, it's an fantastic experience that can improve your emotional and physical health while learning new skills, making friends and expanding your environmental awareness



**Some of the classes offered:**

## Open Water Dive

Knowledge Development (classroom, home study or online) to understand basic principles of scuba diving.

Confined Water Dives to learn basic scuba skills.  
Open Water Dives to review your skills and explore!

## Rescue Diver

- Self rescue
- Recognizing and managing stress in other divers
- Emergency management and equipment
- Rescuing panicked divers
- Rescuing unresponsive divers

## Project Aware

- The ocean commons and coastal zone issues
- Fisheries challenges and sustainability
- Coral environment overview and inhabitants
- The role of the scuba diver in protecting aquatic environments

**Contact your Unit rep to sign up**  
space is limited (30 Pax)

**UNIT REP:**  
Phone/Email

