

JACKSON

LIFE

TWILIGHT TURKEY TROT



NOW OPEN
ANDY'S FITNESS

NO. 11 | NOVEMBER 2025

NOV 6TH CHECK IT OUT



TWILIGHT TURKEY TROT

November 6th @5:30pm

Fort Jackson Golf Club (3652 Inchon Rd.)

Register at any gym or call **803-751-3700**

Thank you to this year's sponsors:

- Blue Cross Blue Shield **Federal Employee Program**
- Dominion Energy
- South University



NOW OPEN

ANDY'S GYM & FITNESS



Come enjoy the return of **Andy's gym** (Must have DOD ID) which includes: ellipticals, treadmills, free weights, weight machines, TV's, water station, and our indoor track (located on the 2nd floor).

Andy's Fitness steps in and offers a variety of fitness classes throughout the day on land and in the water using certified fitness instructors. Yoga, aerobics, water fitness, trail ride line dance workout are some of the classes currently being offered. Special events, includes themed 5k run/walks, zumbathons, aerobathons and more are promoted throughout the year to keep you engaged and excited about fitness.

Fitness and Wellness Office: 803-751-3700

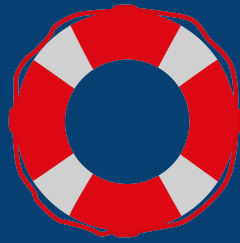
Andy's Gym Hours

Monday- Friday: 4am-8pm

Saturday: 8am-5pm

Sunday: 1-6pm

JACKSON



MUST MEET



CHAPIN TALBOT

As the new Aquatics Manager, **Chapin Talbot**, is no stranger to the events that we offer here on Fort Jackson. She has been associated with MWR programs as a lifeguard, program associate, and assistant director for youth sports for the past eight years.

Her new role as manager includes maintaining effective operations at the Knight Indoor Pool, Legion Pool, Palmetto Falls Water Park, and other aquatics facilities. She's looking forward to bringing new activities at Palmetto Falls and Legion Pool this coming summer.

Knight Indoor Pool

3296 Century Div. Ave

Mon-Thurs: 6am-1pm, 4-7pm

Fri: 6am-1pm

Sat: 10am-2pm

Sun & Holidays: **CLOSED**

Phone: 803-751-4796

JACKSON POST LIBRARY SPOTLIGHT



Thomas Lee Hall Library will host its annual Gingerbread House making workshop from Nov 17th-21st @2-6pm. Sign up required.

Thomas Lee Hall Library
4679 Liberty Div. Rd
Ph: 803-751-5589
Mon-Thurs: 11am-7pm
Fri & Sat: 12-5pm
Sun, Holiday & Holiday Weekend:
CLOSED



Gingerbread House Workshop

DON'T FORGET

SOLOMON CENTER PRESENT

CONCEPT SERIES



*Kaylee
Rose*

**NOV
14TH**

7PM
DOORS OPEN
AT 6PM



**SCAN
FOR
MORE
INFO**

6510 STROM THURMOND BLVD.

FREE ENTRANCE

CHILDCARE AVAILABLE ON-SITE FOR \$8/HR.

CALL 803-751-4824 TO RESERVE





THANK YOU VETERANS

NOVEMBER 11TH

We commemorate another year recognizing those currently serving or have served that are still with us. It's a moment to pause, reflect and say "thank you" to the people who've served our country with courage and dedication. Whether that means attending a local ceremony, flying a flag, or simply listening to a veteran's story, even small gestures can mean a lot. How will you say thank you this year?



JACKSON ON REPEAT JACKSON ON REPEAT



Zumba (Mondays, Wednesdays, Thursdays)

Uses four basic rhythms based on simplified versions of Salsa, Meringue, Cumbia, and Reggaeton. Located at MWR Central at the Solomon Center. Mon (11:30), Wed (5:30pm), Thurs (12pm)* Times subject to change. Sign up **803-751-3700**.



Southeast Pacific Buffet (November 7th, 14th, 21st)

Every Friday at our 1917 Club, enjoy our Asian themed buffet and southeast pacific inspired menu. Dine in or order out. For details call **803-751-3933**.

JACKSON ON REPEAT JACKSON ON REPEAT



CYS KIDS ON-SITE Hourly Care

Do you need care while on site? The new Kids On-Site Hourly Care is now open and operating at MWR Central at the Solomon Center. No reservations required, but child must be registered with CYS. For more information, call



Trail Ride Line Dancing Workout (Mondays)

New to the line up of workouts at Fort Jackson MWR Sports & Fitness is our Trail Ride Line Dance Workout. Complete with kicks, twists, dips, boots, and fans, catered to all levels of fitness. Happening every Monday at the MWR Central at the Solomon Center from 5pm to 6pm. For details, call **803-751-3700** or stop by any gym to sign up.



SAVE THE DATE

NOV 5TH

FAMILY DAY BUFFET
THE 1917 CLUB
11AM

NOV 5TH

ZUMBA
MWR CENTRAL AT THE SOLOMON CENTER
5:30PM

NOV 6TH

VETERANS STORYTIME
THOMAS LEE HALL LIBRARY
11AM

NOV 6TH

TWILIGHT TURKEY TROT
FORT JACKSON GOLF CLUB
5:30PM

NOV 7TH

SOUTHEAST PACIFIC BUFFET
THE 1917 CLUB
11AM

NOV 8TH

COSMIC BOWLING
CENTURY LANES
5-8PM

NOV 14TH

FREE CONCERT
KAYLEE ROSE
MWR CENTRAL AT THE SOLOMON CENTER

NOV 15TH

PRIVATELY OWNED WEAPONS DAY
AACHEN RANGE
10AM

NOV 17TH

GINGERBREAD HOUSE WORKSHOP
THOMAS LEE HALL LIBRARY
2PM

NOV 18TH

SHRED DAY
RECYCLE CENTER
9AM

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